



**2025 - 2026**

**FULL YEAR TEAM**

**TRYOUT PACKET**

ULTIMATE ALL STARS BREVARD

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# **WELCOME TO ULTIMATE ALL STARS BREVARD!**

Thank you so much for your interest in Ultimate All Stars Brevard. We are an all-star Competitive Cheerleading and Hip Hop Program located in Melbourne, Florida. 2025-2026 will be our second season and we are ready to continue to build from our extremely successful Season 1! Our collective coaching style is one that uplifts children while teaching them the value of hard work, sportsmanship, athleticism, and RESPECT. There is a mutual respect given to our athletes as well as the expectation of being respected in return. The goal is to be competitive, yet humble. We want to be the program that others emulate through our positive environment and family first mentality.

## **TEAM PLACEMENTS**

The tryout process will begin May 26th and run through June 13. The goal is to have all teams formed and ready to go for practices that start the week of June 23. However, if necessary, we will make changes of placements over the summer depending on an athlete's progression, work ethic, etc.

Each athlete will be evaluated individually. However, for time purposes, they will be seen in groups of 5 - 7. The entire process should take about 40 minutes from check in to completion. Please have your child check in 15 minutes prior to their scheduled time to get their number and their picture taken.

The tryout process is one of the most important times of the year. It is our opportunity to put together the absolute best teams we can so that we are successful for the upcoming season. We ask that parents are patient, understanding and most of all, trusting. Our coaches are experienced, knowledgeable and want nothing more than to maximize the potential of EVERY child in our program. We are making the best decision for Ultimate and the talent presented to us. Any previous teams or levels athletes have experienced prior to tryouts does not mean those same placements will be used for our teams. We will take into consideration an athlete's previous experience, but ultimately we will be making the best decisions to create the most dynamic teams possible.

Please refer to the Prep & Elite Tumbling Breakdown to assess where your child's tumbling level may be at the present time. These are the skills that we need to execute to ensure us the highest tumbling scores in our respective divisions. We are looking for athletes to be able to execute 2 standing and 2 running skills in their appropriate level. Being able to execute tumbling skills at specific skill levels DOES NOT guarantee an athlete a place on a specific team. Athletes will be placed in the best interest of the program and where they will be the most valuable.

# TUMBLING SKILL CHART - ELITE

## LEVEL 1 ELITE SKILLS

STANDING TUMBLING	RUNNING TUMBLING
back walkover series	cartwheel back walkover series
back walkover switch leg	front walkover cartwheel- back walkover series
back extension roll - back walkover series	front walkover cartwheel - back walkover switch leg
valdez	front walkover cartwheel/roundoff

## LEVEL 2 ELITE SKILLS

STANDING TUMBLING	RUNNING TUMBLING
back walkover back handspring step out back walkover	fly spring
back walkover switch - back handspring	front walkover round off backhandspring series
back handspring step out back walkover back handspring	cartwheel back handspring step out back walkover back handspring series
valdez back handspring step out	round off back handspring step out back walkover back handspring series

## LEVEL 3 ELITE SKILLS

STANDING TUMBLING	RUNNING TUMBLING
back handspring tt back handspring series	front walkover aerial
back handspring step out back handspring series	front walkover round off back handspring tuck
back handspring step out back walkover back handspring series	punch front or fly spring round off back handspring tuck
back walkover back handspring jump back handspring series	round off back handspring step out ½ turn round off tuck

## LEVEL 4 ELITE SKILLS

<b>STANDING TUMBLING</b>	<b>RUNNING TUMBLING</b>
Back handspring step out tuck	punch front step out round off back handspring layout/round off whip punch tuck
toe touch back handspring tuck	round off whip back handspring layout
standing tuck (not an elite skill)	round off whip back handspring tuck or layout
back walkover back tuck	front handspring punch front step out round off back handspring layout

## LEVEL 5 ADVANCED & ELITE SKILLS

<b>ADVANCED STANDING TUMBLING</b>	<b>ELITE STANDING TUMBLING</b>
jump back tuck	back handspring whip tuck
back handspring series whip/tuck back handspring tuck	back handspring layout
back handspring whip/tuck back handspring tuck	jump back handspring/ series layout
jump back handspring series whip back handspring tuck	jump back handspring whip tuck
jump back handspring series whip tuck	back handspring whip/tuck to layout
back handspring series layout whip or tuck	jump back handspring series whip to layout step out

<b>ADVANCED RUNNING TUMBLING</b>	<b>ELITE RUNNING TUMBLING</b>
front handspring barani	front full
round off back handspring full	front walkover round off to full
round off arabian	punch front step out round off full
side aerial / front aerial to full	front handspring punch front step out round off full
barani to layout/full	round off whip to full or front handspring front full
	arabian step out to layout or full

# TUMBLING SKILL CHART - PREP

## LEVEL 1 - PREP SKILLS

STANDING TUMBLING	RUNNING TUMBLING
forward roll	cartwheel back walkover
cartwheel	roundoff
push up to back bend	front walkover cartwheel back walkover
backward roll	front walkover cartwheel/ roundoff
handstand	cartwheel backward roll
Back walkover	
front walkover	

## LEVEL 2 - PREP SKILLS

STANDING TUMBLING	RUNNING TUMBLING
back handspring	cartwheel back handspring
back handspring step out	round off back handspring
back walkover back handspring	round off back handspring series
valdez- back handspring step out	front walkover round off back handspring

# **TRYOUT SCHEDULE**

## **APPOINTMENT ONLY**

**TUE JUNE 3**

**5:00pm - 8:30pm**      **Cheerleading Tryouts**

**WED JUNE 4**

**5:00pm - 7:00pm**      **Cheerleading Tryouts**

**7:00pm - 8:00pm**      **Hip Hop Tryouts**

**THUR JUNE 5**

**5:00pm - 7:00pm**      **Hip Hop Tryouts**

**7:00pm - 8:30pm**      **Cheerleading Tryouts**

**FRI JUNE 6**

**CALLBACK NOTICES (via email)**

**JUNE 9 - 12**

**CALLBACK TRYOUTS (5:00pm - 8:00pm)**

**JUNE 13**

**TEAM REVEALS**

**JUNE 17 - 18**

**STUNT CAMP (teams tbd)**

**JUNE 23**

**FIRST WEEK OF PRACTICES (days & times tbd)**

# TRYOUT DETAILS

Please visit our website at [www.ultimateallstarsbrevard.com](http://www.ultimateallstarsbrevard.com) as early as May 20 to sign up and pay for a tryout time. The tryout fee is \$35.00 for Cheer and \$20.00 for Hip Hop. Spots are first come, first serve. If an athlete is trying out for both Cheer & Hip Hop, they will be required to make 2 appointments and pay both fees.

Parents should plan to fill out a Medical Release and Tryout Form upon arrival for tryouts. Parents will need to wait outside for their athletes to finish. Lobby space is reserved for athletes waiting to tryout. There will be no parent viewing during tryouts. Please have athletes arrive 15 minutes BEFORE their scheduled tryout time.

Cheerleaders should be dressed in ALL BLACK! (shorts, leggings, shirt or sports bra) No gym logos, or graphics, etc. Hair should be pulled away from the face in a neat, clean, ponytail with a black, white or red bow. (athletes are scored on appearance) Tennis shoes should be white. (if they do not have white, black is fine) Dancers should also be dressed in all black. No logos, graphics, etc. However, dancers may dress in attire that reflects their personal style. (ie; hats, accessories, etc) Hair should be styled to the dancers comfort. Be original. Athletic shoes are required.

Details for callbacks will be sent out on Friday, June 6 before midnight. Please try and keep your schedules open for the dates & time windows listed on the previous page.

Please contact Coach Kim or Coach Crystal with any questions or concerns.

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