



*As we prepare for tryouts for our very first season in Brevard County, we will be hosting an 8 week pop up series of classes, clinics, conditioning camps and open tumbling sessions in our new location. All athletes ages 3-18 are welcomed and encouraged to participate. Our pop up series will be from March 3 - April 27. Below are class prices / descriptions and the calendar. When registering, please be sure to place your athlete in the appropriate class based on age or skill level. Most classes do have a cap, so do not hesitate to register and reserve a spot. Please contact us with any questions or concerns you may have. We cannot wait to welcome your family into our new home.*

## **\*SIGN UPS BEGIN ON FEBRUARY 11\***

\*sign ups will be available both online and in person at our facility\*

### **CLINICS**

Hip Hop	\$25.00
Tumbling	\$20.00
Skills & Drills	\$25.00

\*15% discount applied to siblings\*

### **Conditioning Camp \$FREE\$**

\*free for any athlete registered for 1 or more classes\*

\*\$5 for any athlete who is not registered for any classes\*

### **Open Tumbling \$10.00 (all ages/all levels)**

\*15% discount applied to siblings\*

### **YOUTH CLASS PASSES (ages 3-17)**

1 Class Pass	\$18.00
4 Class Pass	\$64.00
8 Class Pass	\$112.00

\*siblings may share passes\*

### **ADULT CLASS PASSES (ages 15+ for adult classes only)**

1 Class Pass	\$15.00
4 Class Pass	\$54.00
8 Class Pass	\$96.00

# CLASS DESCRIPTIONS

**Hip Hop** - This class includes a warm up, moving across the floor, style exploration, tricks, freestyle and choreography. This class is for all levels of dancers who like self-expression, physicality through dance and a good time. (1 hour)

**Tumble Tots** - This class is a basic tumbling essentials class for athletes ages 3-5 taught at a pace suitable for their age and attention span. Skills will include fwd/bkwrdr rolls, bridges, backbends, cartwheels, kickovers, handstands and rebounds. (1 hour)

**Cheer Technique** - This class is a must have for athletes wishing to sharpen their basic cheerleading skills. Skills will include jumps, dance, motion technique and choreography combinations. (1 hour)

**Tumbling Level 1-2** - This class is for athletes working on perfecting already acquired skills listed below: walkovers, cartwheels, round offs, handsprings and connecting skills. Drills and individual instruction from coaches will help build athletes confidence and tumbling technique. Athletes must be at least 6 years old to attend or an advanced 5 year old. (1 hour)

**Tumbling Level 3-5** - This class is for athletes working on perfecting the following skills: tucks, layouts, fulls, standing & connecting skills. Drills and individual instruction from coaches will help build athletes confidence and tumbling technique. Athletes must be at least 6 years old to attend. (1 hour)

**Conditioning Camp** - This class is for all athletes who are wishing to build their endurance and stamina through exercise. Class will consist of a total body workout that activates multiple muscle groups simultaneously. And of course, a little bit of fun sprinkled on top.

**Tumble Basics**- This dynamic class is geared towards athletes eager to learn essential skills like cartwheels, forward rolls, back and front walkovers and more. Athletes must be in grades K-6. (1 hour)

**Step w/ Carlos** - ADULTS ONLY! This modern take on old school step aerobics is an amazing and fun workout taught by the amaaaaaziing Carlos Leal. One class and you will be hooked. 8 weeks only! All participants must bring their own step. (15+ year olds may attend with an adult)

## CONTACT US

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MAY 2024

# ULTIMATE ALLSTARS BREVARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Tumble Tots 5:30-6:15pm (ages 3-5)  Tumbling Basics 5:30-6:30pm (grades K-5)  Cheer Technique 6:30-7:30pm (grades K-5)	2  Tumbling (Lv1-2) 5:30-6:30pm  Tumbling(Lv3-5) 6:30-7:30pm	3  STEP w/ Carlos 5:30-6:30pm (adult class) 15 & up with an adult	4
5	6 Hip Hop (K-5) 5:30-6:30pm  Tumble Tots 5:30-6:15pm (ages 3-5)  Hip Hop (6-12) 6:30-7:30pm  Cheer Technique 6:30-7:30pm (grades K-5)	7 Tumbling (Lv1-2) 5:30-6:30pm  Tumbling (Lv3-5) 6:30-7:30pm	8 Tumble Tots 5:30-6:15pm (ages 3-5)  Tumbling Basics 5:30-6:30pm (grades K-5)  Cheer Technique 6:30-7:30pm (grades K-5)	9 Tumbling (Lv1-2) 5:30-6:30pm  Tumbling(Lv3-5) 6:30-7:30pm	10 STEP w/ Carlos 5:30-6:30pm (adult class) 15 & up with an adult	11 FAMILY CONDITIONING 1 - 2:00pm
12 TUMBLING CLINIC  1-2:30pm Level 1&2  3-4:30pm Level 3-5	13 Hip Hop (K-5) 5:30-6:30pm  Tumble Tots 5:30-6:15pm (ages 3-5)  Hip Hop (6-12) 6:30-7:30pm  Cheer Technique 6:30-7:30pm (grades K-5)	14 Tumbling (Lv1-2) 5:30-6:30pm  Tumbling (Lv3-5) 6:30-7:30pm	15 Tumble Tots 5:30-6:15pm (ages 3-5)  Tumbling Basics 5:30-6:30pm (grades K-5)  Cheer Technique 6:30-7:30pm (grades K-5)	16 Tumbling (Lv1-2) 5:30-6:30pm  Tumbling (Lv3-5) 6:30-7:30pm	17 STEP w/ Carlos 5:30-6:30pm (adult class) 15 & up with an adult  OPEN TUMBLING 7-8:00pm (grades K-12)	18
19 CHEER TRYOUTS 8am-8pm (appt only)  HIP HOP TRYOUT CLINIC 1-2pm (K-5) 2-3pm (6-12)	20 HIP HOP TRYOUTS 5pm-8pm (Grades K-12) (appt only)	21 TRYOUT CALLBACKS (TBD)	22 TRYOUT CALLBACKS (TBD)	23 TRYOUT CALLBACKS (TBD)	24 STEP w/ Carlos 5:30-6:30pm (adult class) 15 & up with an adult	25
26	27 CLOSED HAPPY MEMORIAL DAY!	28 TEAM LEVEL PRACTICES TBA	29 TEAM LEVEL PRACTICES TBA	30 TEAM LEVEL PRACTICES TBA	31 STEP w/ Carlos 5:30-6:30pm (adult class) 15 & up with an adult	

APRIL 2024

## ULTIMATE ALLSTARS BREVARD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Hip Hop (K-5) 5:30-6:30pm  Tumble Tots 5:30-6:15pm (ages 3-5)  Hip Hop (6-12) 6:30-7:30pm  Cheer Technique 6:30-7:30pm (K-5)	2  Tumbling (Lv1-2) 5:30-6:30pm  Cheer Technique 5:30-6:30pm (grades 6-12)  Tumbling(Lv3-5) 6:30-7:30pm	3 Tumble Tots 5:30-6:15pm (ages 3-5)  Tumbling Basics 5:30-6:30pm (grades K-5)  Cheer Technique 6:30-7:30pm (grades K-5)	4	5	6
7	8 Hip Hop (K-5) 5:30-6:30pm  Tumble Tots 5:30-6:15pm (ages 3-5)  Hip Hop (6-12) 6:30-7:30pm  Cheer Technique 6:30-7:30pm (grades K-5)	9  Tumbling (Lv1-2) 5:30-6:30pm  Cheer Technique 5:30-6:30pm (grades 6-12)  Tumbling(Lv3-5) 6:30-7:30pm	10 Tumble Tots 5:30-6:15pm (ages 3-5)  Tumbling Basics 5:30-6:30pm (grades K-5)  Cheer Technique 6:30-7:30pm (grades K-5)	11  Tumbling (Lv1-2) 5:30-6:30pm  Tumbling(Lv3-5) 6:30-7:30pm	12	13
14	15 Hip Hop (K-5) 5:30-6:30pm  Tumble Tots 5:30-6:15pm (ages 3-5)  Hip Hop (6-12) 6:30-7:30pm  Cheer Technique 6:30-7:30pm (grades K-5)	16  Tumbling (Lv1-2) 5:30-6:30pm  Cheer Technique 5:30-6:30pm (grades 6-12)  Tumbling (Lv3-5) 6:30-7:30pm	17 Tumble Tots 5:30-6:15pm (ages 3-5)  Tumbling Basics 5:30-6:30pm (grades K-5)  Cheer Technique 6:30-7:30pm (grades K-5)	18  Tumbling (Lv1-2) 5:30-6:30pm  Tumbling (Lv3-5) 6:30-7:30pm	19  <b>STEP w/ Carlos 5:30-6:30pm (adult class) 15 &amp; up with an adult</b>  <b>Open Tumbling 7-8:00pm (grades K-12)</b>	20
21  TUMBLING CLINIC  9:30-11:00am Level 1&2  11:00-12:30pm Level 3-5  HIP HOP CLINIC  1-3pm Grades K-5  3:30-5:30pm Grades 6-12	22 Hip Hop (K-5) 5:30-6:30pm  Tumble Tots 5:30-6:15pm (ages 3-5)  Hip Hop (6-12) 6:30-7:30pm  Cheer Technique 6:30-7:30pm (grades K-5)	23  Tumbling (Lv1-2) 5:30-6:30pm  Tumbling (Lv3-5) 6:30-7:30pm	24 Tumble Tots 5:30-6:15pm (ages 3-5)  Tumbling Basics 5:30-6:30pm (grades K-5)  Cheer Technique 6:30-7:30pm (grades K-5)	25  Tumbling (Lv1-2) 5:30-6:30pm  Cheer Technique 5:30-6:30pm (grades 6-12)  Tumbling (Lv3-5) 6:30-7:30pm	26  <b>STEP w/ Carlos 5:30-6:30pm (adult class) 15 &amp; up with an adult</b>	27  <b>FAMILY CONDITIONING 1 - 2:00pm</b>
28	29 Hip Hop (K-5) 5:30-6:30pm  Tumble Tots 5:30-6:15pm (ages 3-5)  Hip Hop (6-12) 6:30-7:30pm  Cheer Technique 6:30-7:30pm (grades K-5)	30  Tumbling (Lv1-2) 5:30-6:30pm  Tumbling (Lv3-5) 6:30-7:30pm				