

2024 - 2025 FULL YEAR TEAM

TRYOUT PACKET

ULTIMATE ALL STARS BREVARD 7615 ELLIS RD #106 MELBOURNE, FL. 32904 321-222-7761 <u>ultimateallstarsbrevard@gmail.com</u> www.ultimateallstarsbrevard.com

WELCOME TO ULTIMATE ALL STARS BREVARD!

Thank you so much for your interest in Ultimate All Stars Brevard. We are an all-star Competitive Cheerleading and Hip Hop Program located in Melbourne, Florida. 2024-2025 will be our very first season and we are very excited to make some waves in Brevard County. Our collective coaching style is one that uplifts children while teaching them the value of hard work, sportsmanship, athleticism, and RESPECT. There is a mutual respect given to our athletes as well as the expectation of being respected in return. The goal is to be competitive, yet humble. We want to be the program that others emulate through our positive environment and family first mentality.

TEAM PLACEMENTS

The tryout process will begin May 19th and run through May 30th. The goal is to have all teams formed and ready to go for practices that start the first week of June. However, if necessary, we will make changes of placements over the summer depending on an athlete's progression, work ethic, etc.

Each athlete will be evaluated individually. However, for time purposes, they will be seen in groups of 7. The entire process should take about 40 minutes from check in to completion. Please have your child check in 15 minutes prior to their scheduled time to get their number and their picture taken.

The tryout process is one of the most important times of the year. It is our opportunity to put together the absolute best teams we can so that we are successful for the upcoming season. We ask that parents are patient, understanding and most of all, trusting. Our coaches are experienced, knowledgeable and want nothing more than to maximize the potential of EVERY child in our program. We are making the best decision for Ultimate and the talent presented to us. Any previous teams or levels athletes have experienced prior to tryouts does not mean those same placements will be used for our teams. We will take into consideration an athlete's previous experience, but ultimately we will be making the best decisions to create the most dynamic teams possible.

Please refer to the Elite Tumbling Breakdown to assess where your child's tumbling level may be at the present time. These are the skills that we need to execute to ensure us the highest tumbling scores in our respective divisions. We are looking for athletes to be able to execute 2 standing and 2 running skills in their appropriate level.

TRYOUT SKILL CHART - ELITE

LEVEL 1 ELITE SKILLS

STANDING TUMBLING	RUNNING TUMBLING	
back walkover series	cartwheel back walkover series	
back walkover switch leg	front walkover cartwheel- back walkover series	
back extension roll - back walkover series	front walkover cartwheel - back walkover switch leg	
valdez	front walkover cartwheel/roundoff	

LEVEL 2 ELITE SKILLS

STANDING TUMBLING	RUNNING TUMBLING	
back walkover back handspring step out back walkover	fly spring	
back walkover switch - back handspring	front walkover round off backhandspring series	
back handspring step out back walkover back handspring	cartwheel back handspring step out back walkov back handspring series	
valdez back handspring step out	round off back handspring step out back walkover back handspring series	

LEVEL 3 ELITE SKILLS

STANDING TUMBLING	RUNNING TUMBLING	
back handspring tt back handspring series	front walkover aerial	
back handspring step out back handspring series	front walkover round off back handspring tuck	
back handspring step out back walkover back handspring series	punch front or fly spring round off back handspring tuck	
back walkover back handspring jump back handspring series	round off back handspring step out ½ turn round off tuck	

LEVEL 4 ELITE SKILLS

STANDING TUMBLING	RUNNING TUMBLING	
Back handspring step out tuck	punch front step out round off back handspring layout/round off whip punch tuck	
toe touch back handspring tuck	round off whip back handspring layout	
standing tuck (not an elite skill)	round off whip back handspring tuck or layout	
back walkover back tuck	front handspring punch front step out round off back handspring layout	

LEVEL 5 ADVANCED & ELITE SKILLS

ADVANCED STANDING TUMBLING	ELITE STANDING TUMBLING	
jump back tuck	back handspring whip tuck	
back handspring series whip/tuck back handspring tuck	g back handspring layout	
back handspring whip/tuck back handspring tuck	jump back handspring/ series layout	
jump back handspring series whip back handspring tuck	jump back handspring whip tuck	
jump back handspring series whip tuck	back handspring whip/tuck to layout	
back handspring series layout whip or tuck	jump back handspring series whip to layout step out	

ADVANCED RUNNING TUMBLING	ELITE RUNNING TUMBLING	
front handspring barani	front full	
round off back handspring full	front walkover round off to full	
round off arabian	punch front step out round off full	
side aerial / front aerial to full	front handspring punch front step out round off full	
barani to layout/full	round off whip to full or front handspring front full	
	arabian step out to layout or full	

TRYOUT SKILL CHART - PREP

LEVEL 1 - PREP SKILLS

STANDING TUMBLING	RUNNING TUMBLING	
forward roll	cartwheel back walkover	
cartwheel	roundoff	
push up to back bend	front walkover cartwheel back walkover	
backward roll	front walkover cartwheel/ roundoff	
handstand	cartwheel backward roll	
Back walkover		
front walkover		

LEVEL 2 - PREP SKILLS

STANDING TUMBLING	RUNNING TUMBLING	
back handspring	cartwheel back handspring	
back handspring step out	round off back handspring	
back walkover back handspring	round off back handspring series	
valdez- back handspring step out	front walkover round off back handspring	

TRYOUT / CLINIC SCHEDULE

MAY 19

8:00am - 11:30am	Cheerleading Tryouts (a	opt only)	\$35.00
1:00pm - 2:00pm	Hip Hop Clinic (Grades K	(-5)	FREE
2:00pm - 3:00pm	Hip Hop Clinic (Grades 6	-12)	FREE
5:30pm - 8:00pm	Cheerleading Tryouts (a	opt only)	\$35.00
MAY 20			
5:00pm - 8:00pm	Hip Hop Tryouts (appt or	nly)	FREE
MAY 21 - MAY 24			
5:00pm - 8:30pm	Cheerleading Callbacks	(dates & exa	ct times tbd)
MAY 27			
CLOSED HAPPY MEMORIAL DAY			
MAY 28 - MAY 30			
5:00pm - 8:30pm	Team Level Practices (da	ates & exact t	times tbd)
MAY 31		JUNE 3	
TEAM REVEALS		PRACTICES	BEGIN

TRYOUT DETAILS

Please visit our website at <u>www.ultimateallstarsbrevard.com</u> as early as May 1 to sign up and pay for a tryout time. The tryout fee is \$35.00 for Cheer and FREE for Hip Hop. Spots are first come, first serve.

Complete the 2024 - 2025 Ultimate All Stars Brevard Team Interest Form online. 1 form must be complete for each athlete prior to tryouts. (forms available on May 1)

Print the 2024 - 2025 Registration Form from our website prior to tryouts. Please bring a copy of this completed form on tryout day. Athletes cannot tryout without a signed form on file. (forms available on May 1)

Please have athletes arrive 15 minutes BEFORE their scheduled tryout time.

Athletes should be dressed in ALL BLACK! (shorts, leggings, shirt or sports bra) No gym logos, etc. Hair should be pulled away from the face in a neat, clean, ponytail with a black, white or red bow. (athletes are scored on appearance) Tennis shoes should be white.

Details for callbacks will be sent out as soon as we have them. Please try and keep your schedules open for the dates & time windows listed on page 6. We will give as much notice as possible.

Please contact Coach Kim or Coach Crystal with any questions or concerns.

321-222-7761 ultimateallstarsbrevard@gmail.com